



MARK WETMORE
Head Coach/Distance
21st Season

Mark Wetmore enters his 24th season at Colorado, his 21st as the head coach, and is the only NCAA Division I coach to win all four NCAA cross country titles at the same school.

Wetmore's squads have won seven team titles since 2000. The women won in 2000, while the men won the following year. Both teams captured the championship again in 2004 (CU became only the third school to win both championships in the same year), and in 2006 the men won again. The men also earned back-to-back titles in 2013 and 2014. Wetmore has coached Adam Goucher (1998), Jorge Torres (2002) and Dathan Ritzenhein (2003) to men's individual titles, while Kara Grgas-Wheeler won the 2000 women's crown.

Wetmore became CU's sixth head cross country and track and field coach on Nov. 6, 1995. He has tutored 60 individual conference champions and 11 individuals who have combined for 22 NCAA titles. Wetmore has coached 81 individuals to 262 All-American selections. He has produced 31 conference championship teams, most recently capturing the 2015 Pac-12 Men's and Women's Cross Country Championship.

Wetmore's distance runners have represented the United States in international competitions. During their collegiate careers, 12 qualified for the World Junior Cross Country Championships and seven earned berths in the World Senior Cross Country Championships. Since 2000, 10 Buffaloes have combined for 17 spots on the U.S. Olympic Team roster, including then-CU students Emma Coburn and Shalaya Kipp in 2012, both in the steeplechase.

His graduates have experienced post-collegiate success unrivaled by any NCAA distance program. Twenty-four of his athletes have earned professional running contracts and combined for 13 USA Cross Country titles and 42 berths on U.S. teams that compete at the IAAF World Cross Country Championships since 1999. CU graduates have won 43 USATF Championships and 10 individuals have represented the U.S. at the IAAF World Track & Field Championships.

Wetmore is a 28-time conference coach of the year and a five-time NCAA Coach of the Year. In 2014, USA Track and Field named him the USA Co-Coach of the Year.

A native of Bernardsville, N.J., Charles Mark Wetmore graduated with a bachelor's degree in English education from Rutgers in 1978 and then completed a M.Ed. in movement sciences from Columbia in 1988.

CU Coaching Timeline	
Mark Wetmore	1995-present
Jerry Quiller	1986-1994
David Troy	1980-1985
Dean Brittenham	1976-1979
Don Meyers	1969-1975
Frank Potts	1927-1968



BURKE BOCKMAN
Assistant Coach/Sprints & Hurdles
First Season

Burke Bockman is in his first season as the sprints and hurdles coach at the University of Colorado, joining the program in September.

Bockman comes to CU after one season at Saint Martin's University (2014-15), working with both the men's and women's track and field teams. There he coached the sprinters, hurdlers, middle distance, jumpers and multi-event athletes. In total, five of his hurdlers were conference finalists. Bockman coached SMU's first indoor and outdoor All-American, Mikel Smith, a high jumper. Smith also set Great Northwest Athletic Conference records in the indoor and outdoor high jump. As a freshman, Jaysen Yoro earned All-GNAC honors in the heptathlon and decathlon, setting GNAC multi record in the indoor 60-meter dash and high jump, as well as in the outdoor high jump.

Prior to his time at SMU, Bockman worked with the women's track and field team at the University of Utah for nine seasons. He was an assistant coach from 2005-08 and was the associate head coach from 2008-14. Bockman again worked with the sprinters, hurdlers, middle distance, jumpers and multi-event athletes and was also the recruiting coordinator. During his time at UU, his athletes broke eight indoor and eight outdoor school records. A total of 31 athletes qualified for the NCAA Championships, including 12 400-meter hurdlers and UU's first NCAA sprint relay (4x400 in 2009). Bockman coached the Utes' only two All-Pac-12 athletes (high jump and 800m) and mentored five Mountain West Conference Champions and 49 All-MWC performers.

The Decorah, Iowa, native was a three-time conference champion and a 13-time all-conference honoree at the University of Northern Iowa. He was an NCAA Division I qualifier in the 400-meter hurdles and 4x400 relay his senior year. Bockman also qualified at the USA Championships from 2003-06.

Bockman graduated from UNI in 2003 with a bachelor's degree in business management. He went on to attend graduate school at the University of Wisconsin-La Crosse where he earned a master's in exercise and sport science. As a graduate assistant coach at UW-L, Bockman worked with the men's track and field team and mentored Olympian Andrew Rock, who was a gold medalist in the 2004 games after running the semifinals of the 4x400-meter relay. UW-L won the indoor national championship in 2004 and '05, as well as the outdoor championship in '04. His athletes earned three national titles and six All-American awards.



HEATHER BURROUGHS
Assistant Coach/Distance
12th Season

Colorado's first female three-time cross country All-American, Heather Burroughs is in her 12th season on the staff of her alma mater, assisting head coach Mark Wetmore with the men's and women's teams. Since joining the staff, she has assisted with 15 conference championship teams, five NCAA championship teams and 120 All-Americans. Burroughs was promoted to associate head coach following the 2011 season where the Buffs swept the inaugural Pac-12 Cross Country Championships to win the newly-formed conference's first two team championships.

In Burroughs' 11 track seasons assisting the men's and women's middle and long distance runners, CU athletes have made an impact at the conference, NCAA, American and world levels. To date, 39 have captured individual conference titles and 64 have earned All-American accolades. The women have won 10 individual NCAA titles and have broken six collegiate records. Since 2007, CU runners with eligibility remaining have won four U.S. outdoor titles and earned four berths on U.S. outdoor world championship teams as well as three individual berths on the U.S. Olympic Team.

Burroughs, in partnership with Wetmore, coaches CU post-collegians Emma Coburn and Jenny Simpson, who have combined for 13 individual U.S. track titles. In 2014, Coburn became the fastest women's steeplechaser in U.S. history and earned a No. 2 world ranking. Simpson, who won a silver medal in the 1,500-meter run at the 2013 IAAF World Championship, won the 2014 IAAF Diamond League title at 1,500 and earned the No. 1 world ranking in the event. At the conclusion of 2014, Burroughs and Wetmore were named the USA Track & Field Co-Coaches of the Year.

During Burroughs' CU cross country career, she was a top-five and all-conference finisher each of her four seasons, as well as an All-American in 1994, '95 and '98. The CU women finished in the top four of the NCAA in three of those seasons, including a runner-up finish in 1995.

On the track, she was the Big 8 Conference Women's Indoor Track Newcomer of the Year in 1995. She won one conference individual title, scored in 15 conference races and was an indoor 5,000-meter All-American. Burroughs qualified for six NCAA indoor and outdoor races during her career.

Burroughs was born in Kansas City, Kan. And attended Pembroke Hill High School. She graduated from CU in 1999 with a Bachelor of Arts in biology.



CASEY MALONE
Assistant Coach/Throws
16th Season

Casey Malone, a 1998 NCAA Discus Champion and two-time Olympian, is in his 16th season as the throws coach at Colorado.

Malone has coached four athletes to six school records at CU. In 2006, Cortney Hutmacher set the women's indoor weight throw record at 62-8.50. The following season, Zach Hazen set records for the Buffs in the weight and hammer throws. During the indoor season, he recorded a mark of 63-9.50 in the weight throw and during the outdoor campaign, he put his name on top of the hammer throw list with a toss of 210-11.

A few years later, Malone's athletes were back at it. Emily Hunsucker became the women's hammer throw record holder with a mark of 212-11 in 2014 and also advanced to the NCAA Championships where she placed second overall. On the men's side, Alex Kizirian broke the weight throw and hammer records in 2015. Kizirian ended his career with a mark of 70-8 in the weight throw, which is also the Balch Fieldhouse record, and tallied a 212-4 mark in the hammer.

Many of Malone's athletes have seen great success and own several spots in CU's record books. Most notably on the men's side, Malone's athletes take up nine of the top 10 positions.

At CU, he has mentored eight NCAA qualifiers, 17 regional qualifiers, eight junior national qualifiers and numerous Big 12, Pac-12 and MPSF scorers. Three of his athletes, James Begley (discus), Hannah Warfield-Ruffatto (javelin) and Brandin Williams (javelin) won conference titles.

A four-time All-American at Colorado State, he owns a 224-8 PR. It was the best throw by an American and ranked fifth in the world in 2009. Malone was the 1996 Junior National and Junior World Champion. He competed in the 1996 Olympic Trials (18th), improving to ninth four years later at the trials. Malone was named to the U.S. roster when he finished third at the 2004 trials. He was the only American to advance to the finals at the Athens games, finishing sixth. He competed at his second Olympics in 2008 after placing third at the U.S. Trials.

Malone won his first USATF championship in 2009 (213-03) and went on to take fifth at the IAAF World Championships in Berlin. Malone captured his second USATF title in 2010. In 2015, he competed in his 20th straight USA Outdoor Championship.

The Wheat Ridge, Colo. native lettered in football, basketball and track at Arvada West and graduated from CSU in 2000 with a degree in fine arts. Malone is married to the former Lindsey Malmgren, an assistant track & field coach at Colorado.



LINDSEY MALONE
Assistant Coach/Combined Events/Jumps
Ninth Season

Lindsey Malone began her ninth year coaching the pentathlon, heptathlon, decathlon and jumps for the CU Track and Field team in the fall of 2015.

The combined events program has become very successful during her time at CU. Most recently, Abrianna Torres became CU's first MSPF Champion, winning the pentathlon in 2015. She also became the third best heptathlon performer at CU during the outdoor season and was the first Buff to qualify for NCAAAs since 1997.

During the 2013 indoor season, Brienne Beemer broke a twenty-year-old school record in the pentathlon after scoring 4,059 points at the USATF Indoor Championships. Beemer competed alongside teammates Brittany Lewis (3,863), Torres (3,832) and Genny Mayden (3,795) to earn CU the honor of being the first school in USA Indoor Combined Events Championship history to have four athletes competing in jersey in the same event. Mark Jones also competed at USA's and set a personal record in the high jump at 7-2 ¼.

During the outdoor season, Jones placed second in the high jump at the 2013 Pac-12 Championships, clearing 7-2 ½, and competed at the NCAA Championships. Torres, Beemer and Mayden scored in the heptathlon which continued CU's streak of being the highest scoring women's multi team in the Pac-12 for the past three championship meets.

In 2010, Malone was chosen to coach Team USA alongside Dr. Rick McGuire for the USA vs. Germany Thorpe Cup Challenge in Marburg, Germany. Malone's volunteer assistant coach and former Colorado State student-athlete, Emily Pearson, earned a spot on the USA team as well making her fifth international team wearing USA on her shoulders. During Malone's first year on staff at CU in 2008 she guided Hugh Charles to a personal best of 25-3 ¼ in the long jump.

Malone was an assistant at CSU from 2001-07 where she coached 14 Mountain West Conference Champions in high jump, long jump, 60-meter hurdles, pentathlon, heptathlon and decathlon.

Malone competed for CSU from 1998-2001, setting school records in the high jump and heptathlon. She competed in the high jump, pentathlon, heptathlon, javelin and 4x400 relay at CSU's conference meets. Malone continues to high jump and has competed in three USA Championships (2002 outdoors, 2003 indoors and 2008 indoors).

Malone graduated from CSU in 2001 with a bachelor's degree in art with concentrations in art education and painting. She is married to CU throws coach and two-time Olympian, Casey Malone. to CU throws coach and two-time Olympian, Casey Malone.



BILLY NELSON
Assistant Coach/Distance/Middle Distance
Recruiting Coordinator
Sixth Season

Billy Nelson, a 2008 Olympian, is in his sixth year as an assistant coach and recruiting coordinator for the Buffalo's cross country and track & field program.

During his time at CU, Nelson has helped recruit eight athletes who have combined for 24 All-American honors in cross country and indoor and outdoor track. One of his athletes, Pierce Murphy, came to CU as a walk-on, and has earned five All-American awards. Nelson's athletes have also scored 39 times at either the Mountain Pacific Sports Federation or Pac-12 Outdoor Championships.

In 2015, Nelson saw four of his recruits win conference titles. Kaitlyn Benner won the MPSF indoor 5,000-meter run as a freshman and Erin Clark was first in the 3,000-meter steeplechase at the Pac-12 Championship to win her first title. On the men's side, Ammar Moussa was the first Buff since 2011 to win the 10,000 at the Pac-12 meet and Connor Winter took top honors in the steeplechase.

Nelson has assisted with seven conference championship teams, as well as two NCAA team championships and a pair of NCAA runner-up finishes.

Prior to joining CU's coaching staff, Nelson has a successful career. He won the 2011 USATF steeplechase crown, earning a spot on the U.S. roster for the IAAF World Championships. In 2008, Nelson placed second at the U.S. Olympic Team Trials to earn a spot on the U.S. roster at the Olympic Games in Beijing.

At CU, he was a decorated distance runner, earning All-American honors six times and three Big 12 conference titles. Nelson was a part of the 2008 men's track and field team that won the first Big 12 outdoor title for CU, the first conference title since 1947 and was a member of the 2006 NCAA Cross Country Championship team. He ranks second on the all-time performers list in the steeplechase at CU (8:28.85) and has the third and fourth fastest time in school history.

Prior to attending CU, Nelson was the 2003 USA Junior Cross Country Champion and Junior 5k champion. He was the top American at the World Junior Cross Country Championships with a 26th-place finish.

The Taft, Calif. native graduated from CU in 2008 with a degree in ethnic studies. Nelson is married to the former Alisa Crane. They have a daughter, Arabella, and a son, Noah.



KAREN LECHMAN
Director of Operations
14th Season

Karen Lechman is in her ninth year as the director of operations, but her 14th year overall with the program as she was the administrative assistant prior to her promotion.

She has had an office management career since graduating college. Lechman has worked for companies in software development, commercial finance, and scientific research and office products. Lechman was also a certified fitness instructor from 1993-2005 and taught kick-boxing and step aerobics.

Lechman earned her bachelor's degree from Colorado in 1983 in communications. The former Karen Marcy has been married to Brian Lechman since 1985. The couple resides in Broomfield, Colo., and has two daughters, Mychelle and Kimberly.



JENNY SIMPSON
Volunteer Assistant Coach/Distance
Fourth Season

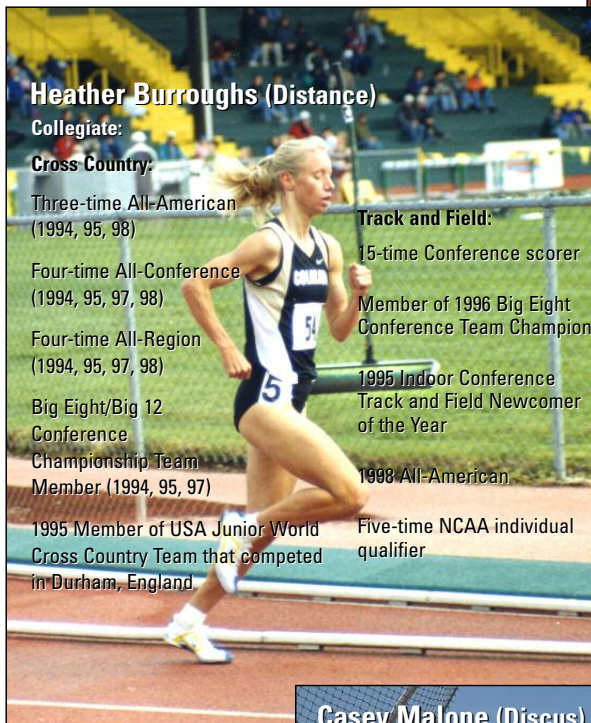
Two-time Olympian Jenny (Barringer) Simpson, who continues to train with Mark Wetmore and Heather Burroughs at CU, will serve as a volunteer assistant with the Buffs for her fourth year.

Simpson is the 2011 IAAF 1,500-meter World Champion, becoming the first American since another former Buff, Mary Decker Slaney, won in 1983. In 2013, she narrowly missed defending her world title as she finished second overall. The 2014 season brought more success as Simpson won the IAAF Diamond League Crown at 1,500-meters and earned the world No. 1 ranking in the event.

Easily one of the most decorated athletes ever at CU, Simpson won four NCAA Championships, three in the 3,000-meter steeplechase and one indoor 3,000. She also broke six NCAA records and seven CU records in 2009 en route to being named the first female recipient of the USTFCCA's The Bowerman Award, which is given to the top male and female collegiate track and field athlete of the year.

Simpson also performed well at the national and world level while competing for the Buffs. She made two world teams and qualified for the 2008 Olympics in the steeplechase. After graduating from CU, Simpson signed with New Balance and switched gears from the steeplechase to the 1,500. She has won nine USA track championships, four indoor and five outdoor – in five different events: 1,500, mile, 3,000, 3,000-meter steeplechase and the 5,000. Despite not having competed in the steeplechase in a few years, Simpson is still the American record holder (9:12.50), which she set at the 2009 world championships.

Simpson graduated from CU in 2009 with degrees in political science and economics. She is married to Jason Simpson.



Heather Burroughs (Distance)

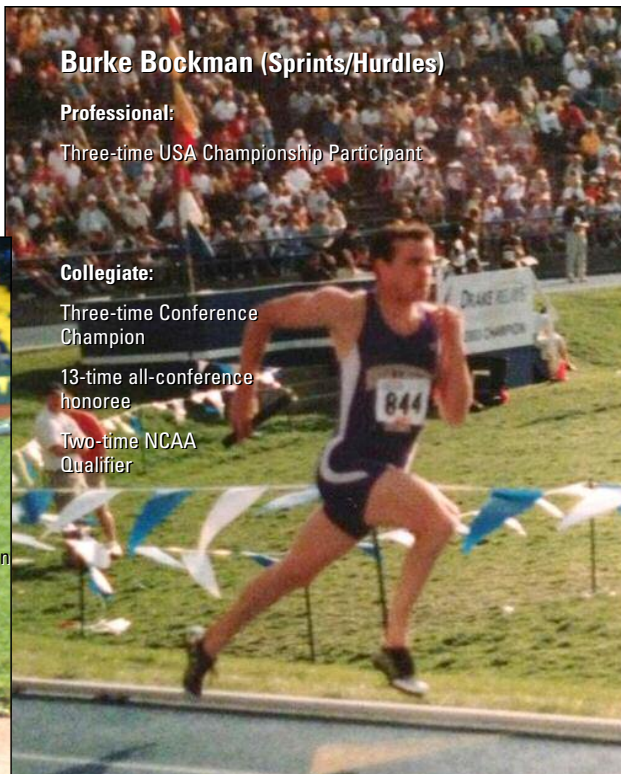
Collegiate:

Cross Country:

- Three-time All-American (1994, 95, 98)
- Four-time All-Conference (1994, 95, 97, 98)
- Four-time All-Region (1994, 95, 97, 98)
- Big Eight/Big 12 Conference Championship Team Member (1994, 95, 97)
- 1995 Member of USA Junior World Cross Country Team that competed in Durham, England

Track and Field:

- 15-time Conference scorer
- Member of 1996 Big Eight Conference Team Champion
- 1995 Indoor Conference Track and Field Newcomer of the Year
- 1998 All-American
- Five-time NCAA individual qualifier




Burke Bockman (Sprints/Hurdles)

Professional:

- Three-time USA Championship Participant

Collegiate:

- Three-time Conference Champion
- 13-time all-conference honoree
- Two-time NCAA Qualifier



Casey Malone (Discus)

Professional:

- Competed in 20 straight USATF Outdoor Championships
- 2013 USA Championships (4th)
- 2012 U.S. Trials (6th)
- Competed on the IAAF Samsung Diamond League series
- 2010 USATF Champion
- Was the fifth best performer in the world and the top American for the 2009 season with a PR of 224-08
- 2009 IAAF World Athletic Final, Berlin (5th)
- 2009 USATF Champion
- 2008 Olympian
- USA Championships (1st/2010, 1st/2009, 11th/2007, 11th/2006, 2nd/2005, 5th/2005, 5th/2003, 5th/2002, 10th/2001, 6th/1999, 5th/1998, 8th/1997)
- Olympic Trials (3rd/2008, 3rd/2004, 9th/2000, 18th/1996)
- 2004 Olympian (sixth)
- 2004 IAAF World Athletic Final, Monaco (7th)
- 2004 ISTAF Golden League Meet, Berlin (6th)
- 2004 Golden League Meet, Brussels (4th, 64m)
- 2002 Ranked fourth nationally
- 2002 Threw a career best 218-5 in Greeley, Colo., which is the farthest throw in Colo.
- 2000 Ranked seventh nationally

Collegiate:

- 1998 NCAA Champion
- Four-time All-American (1996, 97, 98, 2000)
- Three-time conference champion (Mountain West Conference meet record holder)
- 2000 NACAC Age 25 and Under Champion
- 1996 Junior National Champion and meet record holder

Lindsey Malone (Combined Events/Jumps)

Professional:
 2003 U.S. Indoor National Championships (10th, High Jump)
 2002 U.S. Indoor National Championships participant

Collegiate:
 2001 Colorado State Heptathlon record
 2001 Mountain West Conference Pentathlon (3rd)
 1999 Set CSU Indoor High Jump record
 1998 Tied CSU Outdoor High Jump record
 1998 All-Western Athletic Conference (High Jump, 3rd)
 Owns high jump stadium records at Northern Colorado and Colorado School of Mines



Billy Nelson (Steeplechase)

Professional:
 2014 USA Outdoor Championship participant
 2013 USA Championships participant
 2012 USA Olympic Trials participant
 2011 IAAF World Championship Participant
 2011 USATF Champion
 2010 USATF Cross Country Championships Participant
 2010 USATF Championships – 5th
 2009 USATF Championships – 13th
 2008 Olympic Participant
 2008 USATF runner-up

Collegiate:
 Six-time All-American
 Ranks second on the CU steeplechase performers list
 2008 NCAA steeplechase runner-up
 2008 NCAA Midwest Region steeplechase Champion
 2007 and 08 Big 12 steeplechase Champion
 2006 Big 12 Indoor 3k Champion
 2003 USA Junior XC Champion
 2003 IAAF World Junior XC Participant
 2003 USA Junior 5k Champion



Jenny Simpson (Middle Distance/Distance)

Professional:
 Four-time USATF Indoor Champion
 Five-time USATF Outdoor Champion
 Two-time Olympian (2008 and 2012)
 2015 IAAF World Championship Finalist
 2014 IAAF Diamond League Champion (1,500)
 2014 Zurich Grand Prix (1st, 1,500)
 2014 DN Galan Stockholm (1st, 1,500)
 2014 Paris Meeting AREVA (2nd, 1,500), ran second fastest time by an American (3:57.22)
 2014 USA Outdoor Champion (1,500)
 2014 Tokyo Seiko Golden Grand Prix (1st, 1,500)
 2014 USA XC Runner-up (8k)
 2013 IAAF World Championships (2nd, 1,500)
 2013 USATF 5k Champion
 2012 USA Olympic Trials (3rd, 1,500)
 2012 USA Indoor Champion (Mile and 3k)
 2011 IAAF World Champion (1,500m)
 2011 USA Outdoor Championships (2nd, 1,500)
 2011 USA Indoor Champion (Mile and 3k)
 2010 USA Outdoor Championships (3rd, 5k)

Collegiate:
 Four-time NCAA Champion
 Seven-time All-American
 Owns Six NCAA Records
 Owns Seven CU Records
 American record holder (steeplechase, 9:12.50)
 Won the inaugural The Bowerman award
 Four-time Big 12 Champion
 Four-time Midwest Region Champion
 2009 IAAF World Championships (5th, steeplechase – set the American record (9:12.50) which still stands)
 2009 USA Steeplechase Champion
 2008 Olympic Games (8th)
 2008 USA Olympic Trials (3rd)
 2007 USA Steeplechase Champion





Corey Edwards
Academics

Corey Edwards Academic Counselor • Fifth Season

Corey Edwards is in his fifth year as an academic coordinator in the Herbst Academic Center. He currently works with the track & field and cross country teams and serves as the tutor coordinator for the department. Prior to his arrival at CU, Edwards was the Director of Athletic Events and Operations at the University of Northern Colorado where he helped that department successfully transition from NCAA Division II to Division I. Following his job at UNC, Edwards interned at Kroenke Sports Enterprises with the Colorado Rapids in their marketing and event operations departments. A native of Texas, Edwards attended Sweetwater High School where he lettered in basketball and track & field. He continued his basketball career at Abilene Christian University. Edwards earned both his bachelor's degree in communication and master's in sport administration from UNC. Edwards enjoys mountain biking, camping and tennis. He and his wife Tabitha had four daughters, Kailey, Kori, Koco, and Kamille.



MT Eisner
Sports Performance

MT Eisner Assistant Coach Sports Performance • Third Season

MT Eisner joined the Colorado Sports Performance staff in September of 2013 after spending just over a year at the University of Denver as a part-time assistant coach, working with all 17 Division I programs. She graduated from Fairfield University in 2008 with a bachelor's degree in communication and journalism and went on to receive her master's degree in sports medicine with a specialization in strength and conditioning from UC-Colorado Springs in 2013. While attending Fairfield, she earned four letters in soccer and was named to the First Team All-MAAC in 2007 and 2008. Her team was the MAAC Champion in 2005 and represented the conference in the NCAA Tournament that same season. Eisner has certifications in CSCS (certified strength and conditioning specialist), USA Weightlifting Level 1 and CPR/AED. She graduated from Arapahoe High School in 2004 where she lettered in soccer. The former MT Church is married to Justin Eisner and enjoys playing tennis and running in her free time.



Carina Gattas
Athletic Trainer

Carina Gattas Athletic Trainer • First Season

Carina Gattas is in her first year as an intern athletic trainer for the track and field team. She earned her bachelor's degree in athletics training in 2013 from Ohio State and her master's degree in health education in 2015 from Boston University.



Tim Horton
Equipment

Tim Horton Assistant Equipment Manager • 15th Season

Tim Horton has returned to the equipment room after spending eight seasons in the business office at CU. This is his 23rd year at CU, his 15th as Olympic Sports equipment manager, as he joined the CU staff in the fall of 1992. His primary duties at Colorado are handling the equipment needs for the non-revenue sports, along with helping the football program on game day. The student-athletes selected him as the 2002-03 Staff Member of the Year for his contributions and time dedicated to the success of the members of CU's 17 intercollegiate programs, presenting him with the honor at the 2003 CUSPY's. He graduated from the University of Northern Colorado in 1979, earning a bachelor's of science degree in business administration and marketing. He was a member of the Bears' ski team while in college. Born Dec. 11, 1956 in Leadville, Colo., he graduated from Boulder's Fairview High in 1975, where he lettered in football. An avid bicyclist, he participated in the 2004 Ride The Rockies to test his endurance over the 350-plus mile trek. Horton also rode the Denver Century in June 2014 and raised over \$1,500 for cancer research in search of the Leukemia Lymphoma Society. He has a son, Davis Paul (25) and is an eight year cancer survivor.



Linda Sprouse
Sports Information

Linda Sprouse Assistant Sports Information Director • 11th Season

Linda Sprouse is in her 11th season as the assistant sports information director for the CU cross country/track and field team and also works with the volleyball program at Colorado. Sprouse served as the media coordinator for the 2013 Pac-12 Cross Country Championships and the 2008 Big 12 Outdoor Track & Field Championship when the Buffs hosted both meets. Prior to joining CU, she served as the coordinator of media relations for the American Volleyball Coaches Association from 2003-05, working primarily with NCAA women's Division II and III and men's Division III volleyball programs. Sprouse served as a graduate assistant in the athletic communications office at Minnesota State University from 2001-03. She worked with several of the Mavericks' programs, including volleyball, women's ice hockey and women's basketball. Sprouse earned her bachelor's degree in mass communications from MSU in 2001 and completed her master's of science in sport administration from MSU in 2007. A native of New Ulm, Minn., she earned two letters as a member of the NUHS tennis team and enjoys watching hockey, hiking and spending time with family and friends. The former Linda Poncin is married to Nick Sprouse. The couple has one daughter, Lily.